

# Immigrant Success Planning

## A Family Resource Guide

By Atta Arghandiwal, with Eileen Figure Sandlin

When Atta came to America, he found that many immigrant self-help books focused on just one or a few topics, while others were so complicated that they were discouraging rather than helpful. It took a lot of time to find the information he needed. So he created a condensed lifestyle guide for immigrants—a road map for the whole family, filled with proven tips and strategies that can be used from the birth of a child to retirement and beyond.

With this easy-to-follow guide, you'll:

- Discover hundreds of valuable U.S. and Canadian resources.
- Get handy, time-saving worksheets and checklists.
- Find an easy-to-understand glossary for looking up unfamiliar terms.
- Learn valuable advice from "Atta's Lessons" so you can avoid making the same mistakes he did.

### Biography:

Atta Arghandiwal was born in Afghanistan but left shortly after the Soviet invasion and became a refugee in Germany. Two weeks after his arrival in the United States, he started work as a bank teller, and built a successful twenty-eight year career, eventually being promoted to senior vice president. He is the author of the award-winning memoir *Lost Decency: The Untold Afghan Story* and lives in Northern California with his wife and two children.

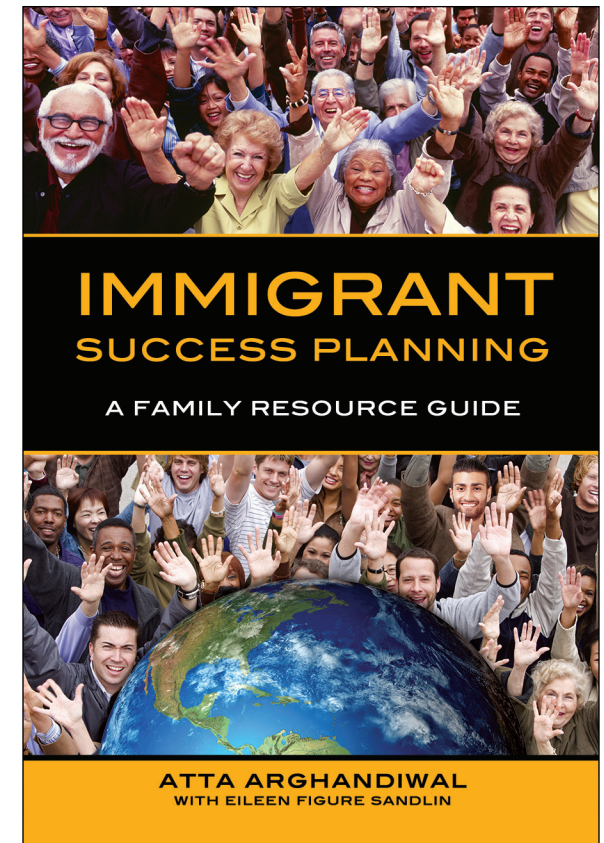
Eileen Figure Sandlin is an award-winning writer and the author of twenty-one books. She holds a master's degree in journalism and is a professor of business communication at a major Midwest university.

### Testimonials:

*"This comprehensive book provides proven guidelines for immigrants and refugees, from their inception and resettlement to full integration. The lessons learned and the best practices compiled in this book will help immigrants and refugees take control of and lead successful lives."*  
**Ambassador Waheed Waheedullah, Ph.D.**

### Media:

Talk at the Commonwealth Club of California  
<http://cs.pn/1j9Me96>



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